



KANASC Newsletter

To inspire and empower Korean American nurses, leaders through philanthropy, education, and friendship.

KANASC Staff

President:

Angela Jun, DNP, FNP-BC, ACHPN

1st Vice President

Sarah Ko, MSN, RN, PMHNP-BC

2nd Vice President

Yuna Lee, MSN, PHN, PCCN, FNP-BC

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Stella Kim, BSN, RN, PHN

Treasurer

Christine Lee, BSN, RN., CCTC

Membership Coordinator

Euni Kim, BSN, RN, CCRN

Social Media Coordinator

Soojung Yoo, BSN, RN, PHN

회장 인사말

안녕하세요 다사다난했던 2021년이 지나고 벌써 2022년이 되었습니다. 처음 코비드로 인한 어려움이 시작 되었을 때는 백신만 나오면 금방 극복할 수 있는 일들이라는 희망이 그래도 조금은 있었던 것 같습니다. 이제 코비드로 인한 엄청난 사회적 경제적 변화를 겪는 시간이 벌써 3년째가 되어 가고 있는 가운데 무엇보다도 이 어려운 가운데 간호사로서 우리의 사명을 다 해 온 회원 여러분들께 감사의 말씀과 칭송을 드리고 싶습니다.

또한 어려운 가운데 저와 함께 남가주 한인 간호사 협회를 지난 일년 동안 이끌어 온 저희 staff들과, 여러가지 면에서 뒤에서 열심히 응원하여 주신 이사님들께도 깊은 감사의 말씀을 이 기회를 들어 전하고 싶습니다. 2021년도에는 저희가 코비드로 인해 직접 만나서 할 수 있는 활동 보다는 zoom을 통하여 할 수 있는 여러 가지 활동을 많이 하였습니다. 어려운 가운데 참석하여 주신 회원 분들께 또한 감사를 드립니다.

이제 2022년에는 코비드로 인한 너무나 갑작스러운 사회적, 경제적 변화 가운데 육체적으로도 정신적으로도 지쳐 있을 저희 회원들을 위해서, 올해는 Year of Self Care 라는 motto를 가지고 저희들의 심신을 달래고 위로할 수 있는 시간들을 좀 많이 가져 보려고 합니다. Agenda 없이 부담없이 만나는 시간, 그리고 우리의 마음을 touch 할 수 있는 힐링캠프, 지난 두해 동안 할 수 없었던 회원 피크닉등, 우리의 몸과 마음을 함께 쉴 수 있는 시간들을 마련하고자 하오니 2022년에도 많은 관심과 격려 그리고 사랑 부탁드립니다. 감사합니다.

안젤라 전, DNP, FNP-BC, ACHPN 드림

MISSION

KANASC is a professional nursing organization that provides its members with opportunities for professional development, advocates for their rights and interests, promotes friendship and contributes to the well-being of communities and society.

Greeting from President

Hello everyone,

The eventful 2021 had passed, and it is already the year 2022. When the difficulties caused by COVID-19 first started, the vaccine was a beacon of light and gave us a glimmer of hope that all our troubles would be over once the vaccine was widely available. Now, it is the 3rd year since we began to experience tremendous social and economic changes due to COVID-19. Despite the incredible difficulties, I know nurses have worked harder ever in nursing history, including our KANASC members. I would like to express my deep gratitude and praise to all of our members who have fulfilled our mission as nurses during these difficult times. In addition, I would like to take this opportunity to express my gratitude to our staff who have led the Korean American Nurses Association of Southern California (KANASC) with me over the past year and the directors who have worked hard behind the scenes in many ways.

In the year 2021, we held numerous virtual meetings and events due to restrictions on meeting in person and assembling in large groups. We thank our members who attended these online gatherings amid the many challenges presented by the pandemic. Without a doubt, our members are likely physically and mentally drained due to the sudden, drastic social and economic changes due to COVID-19.

Therefore, we chose the phrase "Year of Self Care" as our theme and motto for this year. We would like to provide an environment of healing and comfort to focus on our physical and mental well-being. We plan to hold more casual meetings this year with less rigid agendas. Some examples of upcoming events are a healing camp that will touch our hearts, the return of our annual picnic, and other gatherings that will rest and renew our physical bodies and mental health. We ask for your continued support, participation, and love in the year 2022.

Sincerely,

Angela Jun, DNP, FNP-BC, ACHPN

Activities in 2021

- 2/7 KANASC General Assembly
- 3/27 Webinar: Myth and Truth of COVID-19 Vaccine / 코비드 백신 오해와 진실
- 6/13 Graduating Nurse Practitioner Information Webinar
- 6/25 KANASC First Aid Volunteer for the Commemoration of the 71st Anniversary of the Korean War
- 7/17 New Grad Registered Nurse Information Session
- 7/24 Board of Directors Day Trip
- 8/8 AB 890 NP Independent Practice Webinar
- 9/12 Retirement Webinar
- 10/8 Flu Clinic
- 11/14 Virtual Conference: Advancing Korean American Nurses through Excellence in Clinical Practice
- 5/15 & 12/4 Board of Directors Meeting/ 이사회

Upcoming Events in 2022

- KANASC General Assembly
- First Aid Volunteer for the Commemoration of the 72nd Anniversary of the Korean War
- Healing Camp
- KANASC Picnic
- Korea Town Senior Education
- Maybe more



51st General Assembly

51 번째 총회 2월 6일 2021년 에 열렸습니다

KANASC 25 회 임원들이 임기를 마감하고 26 회 임원들이 새로 임명되는 총회 였기에 다함께 같은 자리에서 모여 할수 있었으면 더욱 의미가 있었을텐데 COVID-19 으로 인해서 zoom 으로 할수 밖에 없었습니다.

선거 위원 위원장이신 Karen Cho 선생님 께서 멤버들에 의해 추천된 26 회 회장 단독 후보 Angela Jun 회원을 소개 해 주신후에 참석한 페이드 멤버 28명 중에 86% 가 찬성함으로 Angela Jun 회원이 26 대 회장으로 선출 되었습니다.

이후 25 대 회장 Linda Kim 회장님의 2020 년 activity & financial activity report 가 있었습니다.

2020 년 financial report 은 만장일치로 승인 이 되었습니다. 그에 이어 Angela Jun 새 회장이 2021 년 사업계획 과 비전을 나누어 주셨습니다. Zoom 으로 하는 미팅이어서 예전 처럼 nurse night 는 같이 할수 없는 아쉬움이 있었지만 모든 일이 잘 진행되고 총회를 무사히 마칠수 있었습니다.



2021- 2023 KANASC STAFF



President
Angela Jun
DNP, FNP-BC, ACHPN



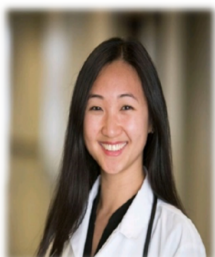
1st Vice President
Sarah (Hyang) Ko
MSN, RN, PMHNP-BC



2nd Vice President
Yuna Lee
MSN, RN, PHN, PCCN,
FNP-BC



Treasurer
Christine Lee
BSN, RN, CCTC



Secretary
Stella Kim
BSN, RN



Membership Coordinator
Eunice Kim
BSN, RN



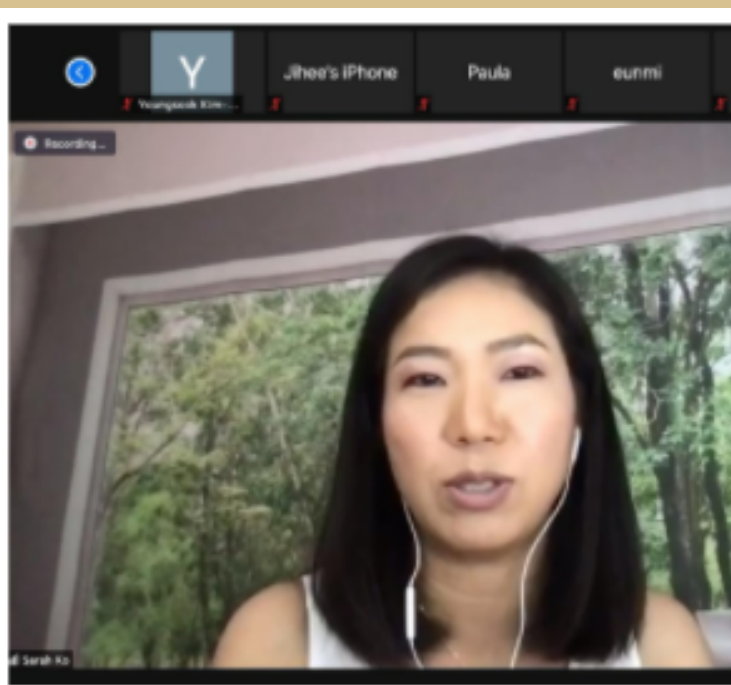
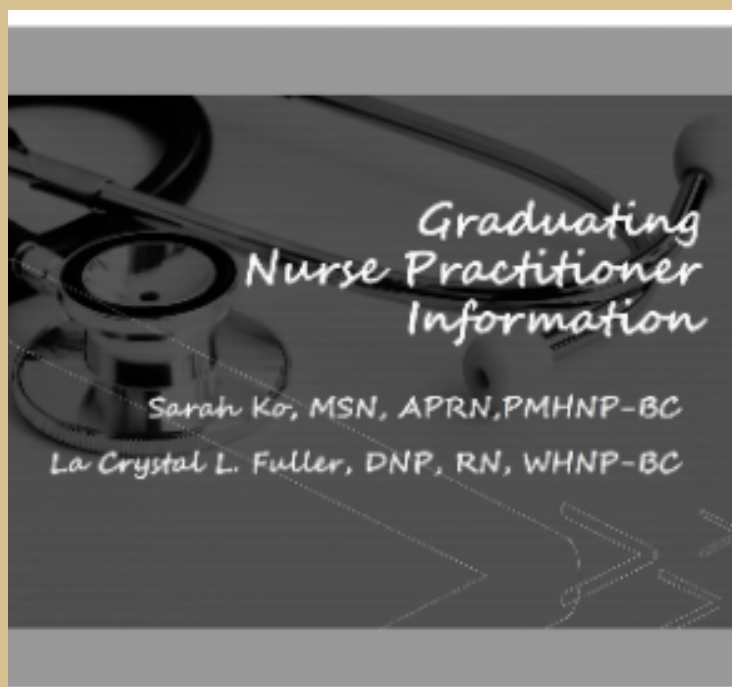
Social Media Coordinator
Soojung Yoo
BSN, RN, PHN

Graduating NP Information Webinar

The Graduating Nurse Practitioner (NP) information webinar was held on June 13th, 2021. This socially distant virtual Zoom webinar was hosted by Sarah Ko, MSN, RN, PMHNP-BC with guest speaker La Crystal L. Fuller, DNP, RN, WHNP-BC. Ko and Fuller explained the steps necessary to successfully sign-up and receive clearance for each registration process. Topics covered include:

- The registration process for the California Nurse Practitioner license
- National Provider Identifier (NPI)
- Drug Enforcement Administration (DEA) number
- Controlled Substance Utilization Review and Evaluation System (CURES)

In addition, the NP information webinar covered other aspects of professionalism, such as how to display nursing credentials; the difference between FNP-C and FNP-BC; and how to obtain an NP certification in a specific specialty. The credential portion was included for participants because nurses at this level usually have multiple acronyms behind their names but are not sure how to display them. Please check out our KANASC website to access the PowerPoint presentation used for this webinar.



First Aid Volunteer at the Commemoration of the 71st Anniversary of Korean War

제 71주년 6.25 한국전쟁 기념식이 로스엔젤레스총영사관, 대한민국 재향군인회 미국서부지회, 그리고 6.25 참전유공자회 주최로 2021년 6월 25일 오전 11시 로스엔젤레스 총영사관저에서 개최되었습니다. 남가주 한인 간호사협회를 대표해 Angela Jun 회장님과 Stella Kim 서기님이 참석하셔서 행사 중 발생할 수 있는 안전사고에 대비한 응급처치 봉사를 하시고 오셨습니다. 덕분에 고령의 참석자들이 많았던 행사는 안전하게 성공적으로 잘 마무리 되었습니다. 전쟁의 상처를 딛고 소중하게 성취한 한반도 민주주의와 평화의 역사를 기억하는 뜻 깊은 행사에서 봉사를 해주신 임원 여러분들께 감사합니다.

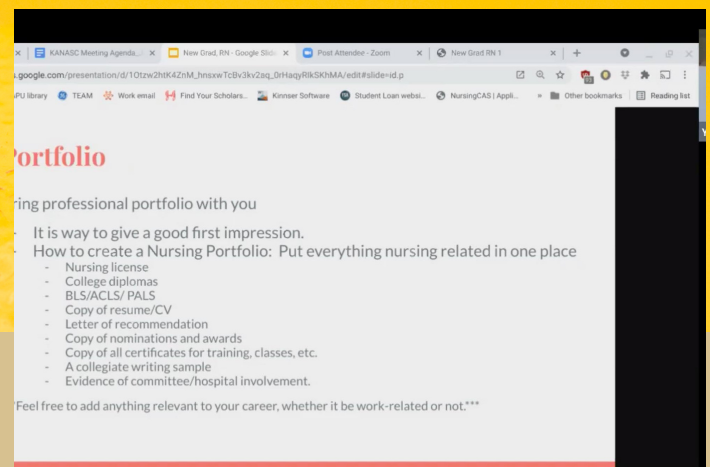
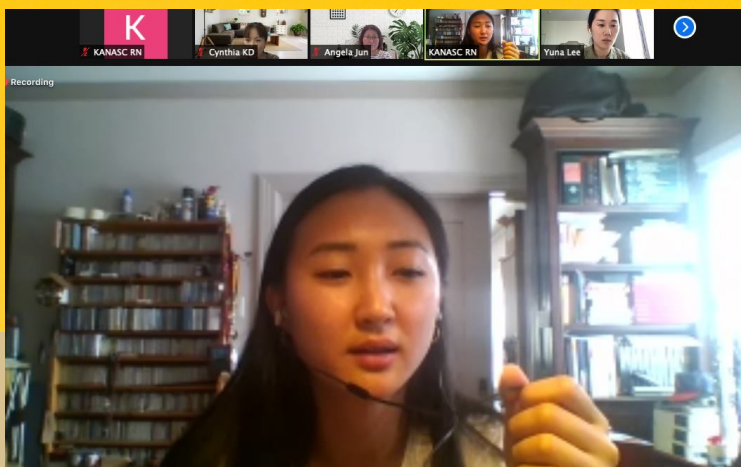
The commemoration of the 71st anniversary of the Korean War hosted by 'Consulate General of the Republic of Korea', 'Western Region Department of the Korean Veterans Association', and 'Korean War Veterans Association' was held at the residence of the Consulate General of the Republic of Korea on June 25, 2021. KANASC staff members, Angela Jun and Stella Kim attended the event and provided the first aid service to prepare for any safety incidents. As a result, elderly attendees experienced a great and safe event with the help of their hands. Thank you to staff who volunteered at the valuable event celebrating the history of democracy and peace in the Korean Peninsula rising from the ashes of war.



New Graduate RN Information Webinar

KANASC is continuously looking for new ways to support our next generation of nurses. On July 11th, 2021, we held our first RN information session. Unlike most of our other events, non-Koreans were also invited to this event. The information session was geared towards nursing students at all stages of their studies, but especially towards graduating pre-licensure students. This information session was hosted by Stella Kim, BSN, PHN, and Yuna Lee, MSN, RN, PHN, PCCN, FNP-BC.

Some of the topics covered were general information regarding the NCLEX, interview pointers, portfolio-building, test-taking techniques, new graduate programs, non-bedside careers, and. First, Stella explained the formatting and registration process of the NCLEX. Attendees were able to practice NCLEX questions and reviewed answers as a group. Basic test-taking tips and high-yield topics were presented and students had the opportunity to directly apply them to practice questions.



Then, Yuna switched gears and moved forward with practical suggestions on interview etiquettes, how to build a professional portfolio, and an overview of myriad nursing career pathways. Advice regarding interviews included do's and don'ts of outfits, common interview questions and potential answers, and post-interview manners. The portfolio portion included information about basic RN certifications, resume/curriculum vitae writing, letters of recommendation, and volunteer experience that may be helpful for specific hospitals and/or departments.

The last portion of the RN information session involved non-hospital nursing careers. We felt this was important information because of the many possibilities of the "real world" of nursing. In addition, many students are unaware of many positions away from the hospital role. The presentation was concluded with a question and answer session. The feedback survey from the attendees was positive and we look forward to another information session in the future. We hope these students pass their NCLEX their first time and that they join KANASC as licensed registered nurses in the future!

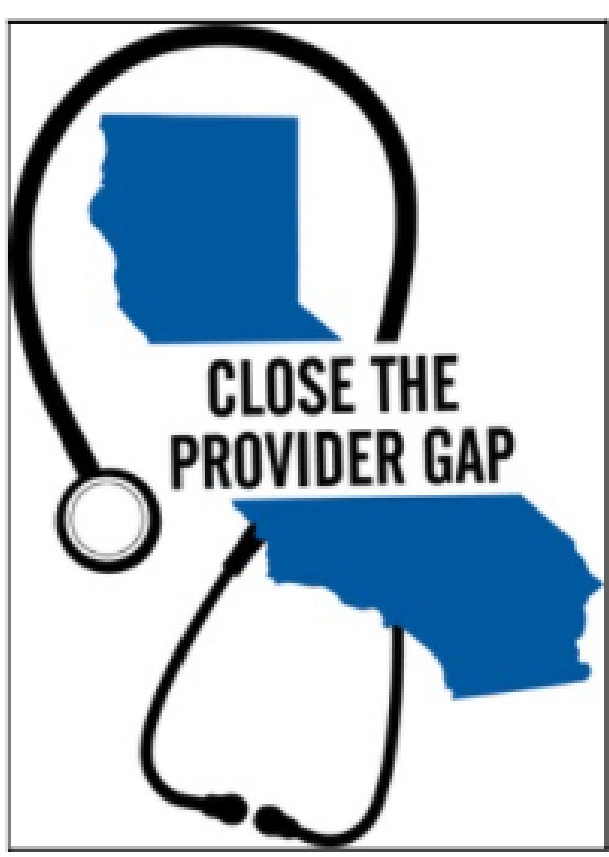


Board of Director Day Trip To Channel Islands

Board of Director member 들의 화목과 친교를 위해서 7월 24일에는 Board members 님들께서 가족 분들과 함께 모두 16 명이 Channel Islands 에 day trip을 다녀 오셨습니다. COVID-19 으로 인해 오랫동안 서로 대면하지 못하고 이사회회 활동도 같이 하기 힘들었던 해를 마치고, 새롭게 다시 마음을 준비하고, 또 새로운 이사장님 그리고 새로운 멤버들도 맞으며 서로를 더 알고 2021-22년에는 저희 협회 스태프들과 더 효과적으로 같이 일하는 Board 가 되는데 필요한 에너지를 충전 할수 있는 기회가 되었습니다. 이 trip 을 위해 2021년 새로이 이사장님이 되신 우시영 이사장님께서 계획부터 마무리까지 많이 수고 해주셨습니다.



AB 890 NP Independent Practice Webinar



2020 년 AB 890 pass 로 인해서 California NP 들이 2023년 부터 독자적으로 의료 행위가 가능하게 됨에 따라 이 부분에 대해 저희 Korean American nurse practitioner 들의 많은 관심들이 있었습니다. 이에 8월 8일 2021년에, 저희 간호협회에서는 AB 890 에 깊숙히 관계 되어 일을 하였던 Bill and Sue Gross School of Nursing, University of California, Irvine, Susie Phillips DNP, FNP-BC 교수님을 초청하여 AB 890 와 관련된 nurse practitioner independent practice 에 대해서 더 알 수 있는 webinar 를 가졌습니다. 많은 분들이 참석 해 주셨고 아직도 많은 구체적인 사항들이 더 결정 돼야 하는 부분이 많은 것을 알게 되었습니다. 1, 2 년뒤에 더 많은 부분들이 구체화 되고 나서 다시 한 번 Susie Phillips 교수님을 모셔서 webinar 를 할 예정입니다. 그때는 더 많은 분들의 참석을 부탁드립니다.



Retirement Planning Webinar

9월 12 일에는 New York Life Insurance company 에서 일하고 계시는 석 승진 파이낸셜 어드바이저를 모시고 "riding out market vulnerability: how to make it work for you" 라는 제목을 가지고 Retirement planning 에 대해서 알아 보는 시간을 가졌습니다. 이런 행사는 최근 들어서 처음 해 보는 행사였는데 많은 간호사들이 직장을 통해 퇴직을 준비한다고 생각해서 그런지 소수의 분들만 참석하셔서 참 안타까운 마음이 있었습니다. 그러나 오신 분들은 많은 유용한 정보를 가지고 갈 수 있는 시간들이 되었습니다. 꼭 간호에 대한 것이 아니더라도 멤버분들이 원하시는 프로그램이 있으시면 주저말고 알려 주십시오. 저희가 준비해 보도록 노력하겠습니다.

Retirement Planning Webinar



Riding out market volatility: How to make it work for you!

Gene (Seungjin) Seok, MBA,
Court of the Table Member of MDRT
CA Insurance License #0H89595
New York Life Insurance Company

4 pm, September 12, via Zoom

[Register HERE](#)



Riding Out Market Events

MAKE MARKET VOLATILITY WORK FOR YOU



NOT FDIC INSURED | MAY LOSE VALUE | NO BANK GUARANTEE



Free Flu Clinic

작년에 이어 10월 8일 2021 년도 LA 와 Orange County 의 다섯개의 지역에서 drive thru free flu vaccine clinic 이 열렸습니다. 미주복음방송 주최로 열린 이 행사를 위해 공개 헌금 하시러 오시는 분들께 무료 독감 예방 주사를 놓아 드렸는데 저희협회 회원들, 그리고 자원 봉사 간호사 선생님들이 수고 해 주셨습니다. Paul Chang, MD 선생님께서 약과 필요한 모든 기구들을 지원해 주셨고 최배선 NP & 한인 남가주 간호협회 부회장 Sarah Ko 선생님의 지도에 따라 각 지역에서 성공적으로 마쳤습니다. 한인 남가주 간호협회 회장님 이신 Angela Jun 선생님과 회계 Christine Lee 선생님은 작년에 이어 올해도 열심히 봉사해 주시고 라디오 방송 인터뷰도 해주셔서 간호협회의 활동을 많은 분들께 전하셨습니다. 기독교 방송국에서는 총 \$401,805.00의 현금을 모았고 동참해 주신 모든 간호사 선생님들께 감사의 말을 전하셨습니다.



1 st KANASC Virtual Conference

The first virtual conference of the Southern California Nurses Association was successfully held and concluded over the internet for 3 hours 15 minutes from 2:00 PM to 5:15 PM on Sunday 11/14/2021. Our theme was “Advancing Korean American Nurses Through Excellence in Clinical Practice.” Our current president Angela Jun greeted all participants and introduced our former president, Linda Kim, as our keynote speaker. On this day, we had a valuable opportunity to learn and acquire various knowledge from six different speakers in six specialized fields. These passionate speakers shared their knowledge and experiences as a doctor of nursing practice (DNP), public health nurse, university clinical professor, clinical researcher, certified clinical transplant coordinators, and nurse leader. This virtual conference had the highest number of participants in KANASC history. This is unsurprising for the event was meticulously prepared over the past year, with constant improvements and updated ideas. It was even more meaningful as it was the beautiful fruit of consistent and close collaboration as well as mutual cooperation among the new, second-generation staff. It became a memorable event because continuing education units (CEUs) were distributed to all participants, both members and non-members, who stayed for the entire virtual conference. We hope non-members will return for future events, thus increasing the number of active, paid members and overall participation in future events.



**KOREAN AMERICAN NURSES ASSOCIATION
OF SOUTHERN CALIFORNIA**



**Advancing Korean-American Nurses
through Excellence in Clinical Practice**

FREE CEU
November 14, 2021 (Sunday)
2:00 pm - 5:15 pm

Speakers



Marie Ahn	Nightingale Declaration for a Healthy World KANASC RN-Euni	Angela Jun	Soojung Yoo	Taemin Jin	Lee, Chris [Transplant]
chanyoung kim	hclara kim	sunny yoon	Karen Cho	Youngsook Kim-Sasaki	Eurina Cha
Mimi Chang	김영미	Mirye Cevallos, LA	Cynthia Kim Dooley	Naomi Beck	Linda Kim
Sung Yoon	Lori Tae	Jung ran Lee	Hailey Hwangbo	Janie Han	Stella Kim
Sihyoung Woo	heyumi kim	Jassmin Kim	Hong Ju Yoo	Jungsuk Park	Hwang, Anna (Soyung)
bae choi	이미경	Yuna Lee	Karen Kim	Kristy's iPhone	Regina Lim
Eric Oh	KANASC Master Mo...	Mose Kang, FNP-C	From Eurina Cha to Everyone		



Board of Directors Meeting

The Board of directors met twice in 2021. The first meeting was held on 5/15 at the residence of Hong, Mikyung. Chair and vice-chair of the Board of Directors for 2019 to 2020, Katherine Cho and Marie Ahn stepped down after their successful 2-year term. Yoo, Shi young was elected as the chair of the Board of Directors for 2021 to 2023. The second meeting was at JJ Grand Hotel in Koreatown on December 4th. The new cabinet members had an opportunity to meet the board of directors. Although they have met each other during previous KANASC events, this was the first official meeting of the elder and younger generation of staff members. The meeting was called to order on a bright, sunny Saturday afternoon.

The main goal of the meeting was to update each group on their respective progress throughout the year 2021. The president of the board of directors kicked off the meeting with brief introductions among attendees. We learned more about the 50-year history of KANASC and how the organization has grown in that time. It was reassuring and uplifting to see that many of the board of directors joined decades ago and are still active members of this group. Next, Christine Lee, the treasurer, gave a brief financial report on the income received and expenses spent. Afterward, President Angela Jun reviewed the events held from 2020 to 2021 and discussed the upcoming events for 2022. In addition, we examined the current bylaws regarding increasing the number of board members and talked about possible changes to be made in the general assembly in January 2022. The general assembly was scheduled to be held at Marie Ahn's (board member) residence. Unfortunately, the location has been changed to a virtual setting due to the COVID-19 Omicron variant surge. We look forward to meeting new members and reconnecting with current members at the upcoming 2nd virtual general assembly!



Korean American Nurses
Association of Southern California
남가주한인간호사협회

213-434-1019 • kanascrn@gmail.com • www.kanasc.org

Mission

본회는 간호 전문인의 단체로서 전 회원의 자질 향상,
권의 옹호 및 신장을 기하며 회원간의 친목,
이웃과 사회의 이익에 이바지하는데 있다.

KANASC is a professional nursing organization that provides its members with opportunities for professional development, advocates for their rights and interests, promotes friendship, and contributes to the well-being of communities and society.

Membership Application

(Membership application and payment can be made directly through our website at www.kanasc.org)

Name: _____ Maiden Name: _____
First Last Credentials (e.g. BSN, MSN) 결혼전 이름/한국명

Address: _____
Street City State Zip Code

Check if new address () Phone #: _____ (cell/ home/ business/ other)

E-mail: Home: _____ Work: _____

Nursing School: _____ Year of Graduation: _____
(Pre-licensure) Nursing School

Employer: _____ Specialty: _____ Unit: _____

Membership Fee: Lifetime: \$500.00
 Annual: \$50.00 Student (currently in pre-licensure RN program): \$20.00 New Renewal
Please make check payable to: **Korean American Nurses Association of Southern California (KANASC)**

I prefer to have future membership renewal application sent to me via: E-mail US Mail

Donation: \$50.00 \$100.00 \$250.00 \$500.00 Other Amount: _____
Please make check payable to: **Korean American Nurses Foundation (KANF)**

KANASC (AKA: Korean American Nurses Foundation) is a non-profit organization and **your donation** is tax deductible (Fed. Tax ID # 46-5577991).

Please mail your membership fee/donation to 141 Hollow Tree, Irvine, CA 902618

Signature: _____ Date: _____

Thank you for your continued support and participation!